

Niagara County Office for the Aging distributing farmers market coupons

Submitted by the Public Information Office

The Niagara County Office for the Aging has begun distributing farmers market coupon booklets at sites throughout Niagara County. The Senior Farmers' Market Nutrition Program, provided by the New York State Department of Agriculture and Markets, provides coupons to all who meet age and income requirements. Each booklet contains five coupons worth \$5 each (\$25 total), which can be used to buy fresh, locally grown fruits and vegetables at participating farmers markets throughout New York state.

To qualify of coupons, seniors must be 60 years of age and either entitled to receive SSI, Public Assistance, SNAP, or Section 8 Housing subsidy, or be within monthly income guidelines as follows:

√ \$2,248 for a one-person household

√ \$3,041 for a two-person household

√ \$3,833 for a three-person household

"We very much encourage seniors across Niagara County who qualify to take advantage of these coupons and purchase fresh fruits and vegetables from our local farmers," said Darlene DiCarlo, director of the Office for the Aging. "We have distribution sites across the county to make it easy to get your coupons."

The coupons are being distributed into September. A complete list of times, dates and locations for coupon distribution can be found at <https://tinyurl.com/2v3yyt7e>.

Employment & Training, Veterans Service, human resources to take part in Veterans Service Fair

Three Niagara County departments will join with state agencies and other service providers to take part in a Veterans Services Fair on Friday, July 21, in Lockport. Niagara County Employment & Training, along with the Veterans Service Agency and human resources department, will be on-site to provide assistance and information to veterans.

"There are many programs and opportunities to help veterans currently in the workforce, and those who are looking to rejoin the workforce," said Don Jablonski, director of the Niagara County Department of Employment & Training. "Our WorkSource One team will be on hand to talk about these programs and other ways we can help veterans looking for a job, training opportunities, or perhaps a new career."

The event will be held from 10 a.m. to 1 p.m. at the Dale Association, located at 33 Ontario St. As of now, nearly 30 agencies and employers are participating.

"We are very happy to be part of an event that seeks to help our veterans on multiple fronts," said Jeff Glatz, director of Niagara County Veterans Service Agency. "Our team will be there to provide guidance to veterans in navigating the system to get the benefits and services they rightfully earned serving our nation."

Coulter Farms has pop-up shop at Lewiston waterfront

Also offering CSA program

Farm-fresh fruits and vegetables are now available at the foot of the Lewiston waterfront with the addition of a Coulter Farms weekend pop-up shop.

Under the big white tent just ahead of the Center and Water streets intersection, patrons can find food picked that morning and delivered ahead of the market's noon start time.

Items in season right now include kale, blueberries, raspberries, blackberries, cherries, green beans, string beans, cucumbers, zucchini, squash, Swiss chard and corn.

Also for sale are handmade pickled and canned items, gourmet nuts, plus freeze-dried candies, fruits and vegetables.

Those looking for even more Coulter Farms product can take advantage of a weekly community-supported agriculture program. CSA boxes are \$35 and come packed with produce. More information is available by emailing coulterfarmsllc@gmail.com.



The pop-ups will continue from noon to 6 p.m. Saturdays and Sundays throughout the summer.

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